

# SHAY FOX

504.912.7501

[shayfox55@gmail.com](mailto:shayfox55@gmail.com)

[shayfox.org](http://shayfox.org)

Height: 5' 3"

Weight: 150

Hair: Blonde

Eyes: Blue

Voice: Soprano/Mezzo Soprano

## **Film**

Dahlia White (Short)      Lead      Dir: Alison Moir

## **Training**

William Esper Studio Meisner Two Year Training Program

Acting	Suzanne Esper Deb Jackel
Movement	Jules Helm
Voice & Speech	Patricia Fletcher Nancy Mayans Eric Loscheider
Alexander Technique	Anne Waxman Judith Grodowitz
Stage Combat	Joe Pisapia
Audition Technique	Deb Jackel
On Camera	David Laundra Linda Laundra
Script Analysis	David Kaplan
Cold Reading	Deb Jackel
Dialects	Eric Loscheider
Dance	Jules Helm
Improvisation	Robert Z Grant
Mime	Bill Bowers

## **Special Skills:**

**Dialects/Accents:** Southern, British RP, Classical American, Cockney, Yorkshire, Estuary, Midwest

**Stage Combat:** Hand to Hand, Quarter Staff, Sword

**Other:** Kickboxing, Cheerleading, Cooking, Tennis, Volleyball, Generally Athletic, Valid Louisiana Driver's License, General Dance, Singing (Musical Theater, Pop, Jazz, Country)